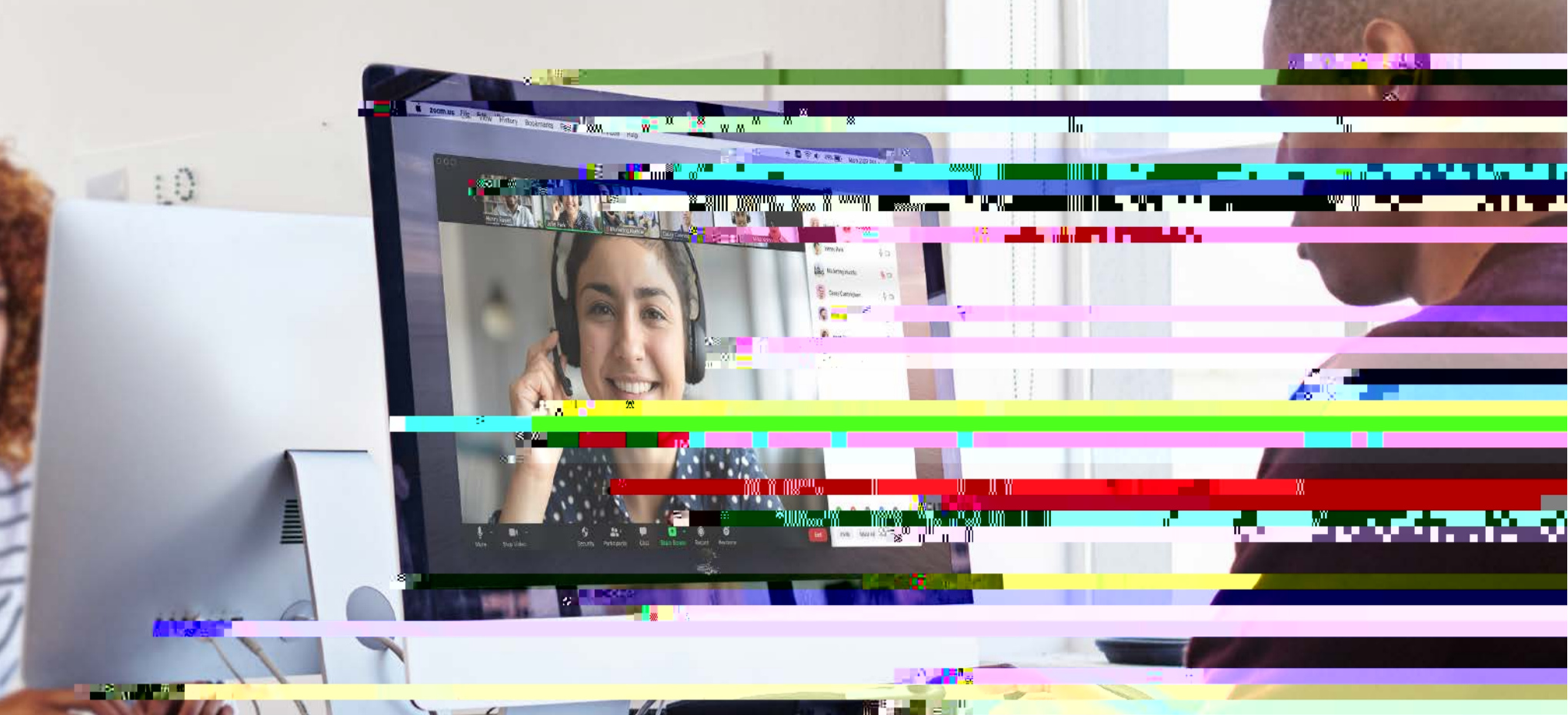


Top 10 Ways to

);1tu; +otu,ool :;ž

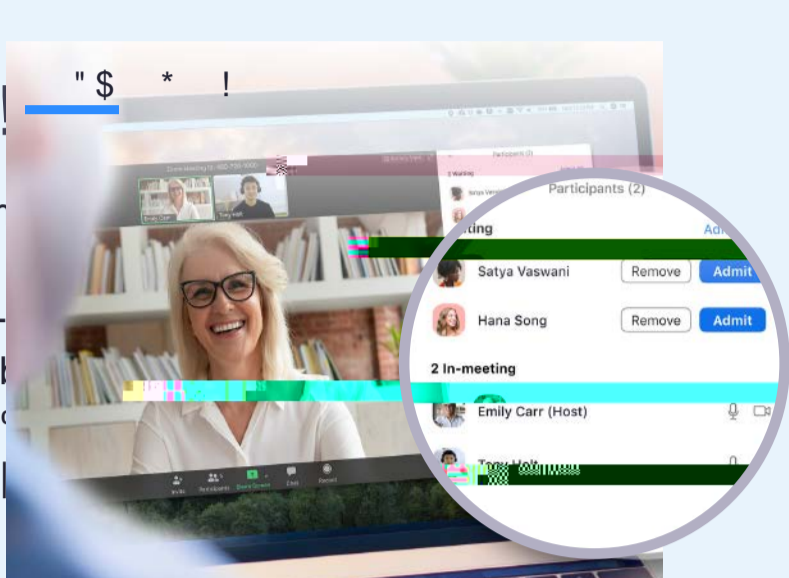
)_ -| <ot m;;7 |o hmo%o |o h;;r; otu ^b7;o l;;žm]v



" &! \$+ \$ •

\$tum om +otu)-bžm]

m; o= |_; 0;v] %-<v |o v;1tu; <otu l;;žr
|tum om ,ool=v)-bžm] !ool =;-|tu;: "ol;
tv;uv7 tbh; |_ov; bm ;7t1-žom7 %obt _
|tum;7 om 0< 7;=-ft|: \$ _bv =;-|tu; ruo
%-bžm] uool =ou <otu -;m7;;v -m7 -tto
-7|b| bm7b^b7t-t l;;žm] r-už1br-m|v bm
l;;žm] -| <otu 7bv1u;žom:



aež m]6` Đ | P 0u cv

Don't Ut UP

+otu ;uvm-t ;;žm] P Q bv |_; 7;=
|-| t-tm1_;v %o_;m <ot v|-u| -m -7 _o1
7o;vm=| 1_-m]; tmt;vv <ot 1_-m]; b|
l-h;v b| ^;u< tv;=ft b= r;ort; m;;7 - %o-<
t| =ou rft0tb1 l;;žm]v7 <ot v_ott7 -t%-
m;% l;;žm]v %ob|_ u-m7olt<];m;u-|;7 l;;ž
\$_-| %-<7 omt< bm^b];7 -;m7;;v %obt hm
<otu l;;žm]:

" &! \$+ \$ ' "

)_ ;m v1_;7ttbm] - l;;žm]7 <ot 1-m u;t+bu;
-;m7;;v |o u;]bv|;u %ob|_ |_;bu ;Jl-bt7 m-l;7 -m7
1tv|ol tt;vžomv: +ot 1-m ;^;m 1tv|olbœ; <otu
u;]bv|u-žom r-]; %ob|_ - 0-mm;u -m7 to]o: < 7;=-ft|7
,ool -tvo u;v|ub1|v r-už1br-m|v |o |_ov; %o_o -u;
to]];7 bm|o ,ool7 -m7 <ot 1-m ;^;m u;v|ub1| b| |o ,ool
tv;uv %o_o=v ;l-bt -77u;vv tv;v - 1;u|-bm 7ol-bm:

om|uot "1u;;m "_-ubm

" &! \$+ \$ " ,ool mo%o r+P
l;mt <ot=tt 0; -0t; |o to1h <otu l;;žm] -
m;% r-už1br-m|v =uol fobmbm]: +ot=tt -
)-bžm] !ool |o _;tr l-m-]; m;% l;;žm] r-u
-m7 0; -0t; |o 1om|uot -m< v_-ubm] -m7
bm7b^b7t-tv -m7 -tt -;m7;;v:

bv

"tto%bm] \$-už1br-m|v |o v1u;;m v_-u; bm - l;;žm] 1-m
0; -]u;-| %-< |o 1ott-0ou-|;7 0t| |_-| 1-m -tvo t;^; <ot
or;m |o tm%-m];7 bm|;uotržomv 7tubm] t-u];u l;;žm]v:
,ool]b^;v <ot |_; -0btb|< |o 7;|;ulbm; b= <ot %-m|
o|_;u r-už1br-m|v bm |_; l;;žm] |o 0; -0t; |o v_-u;
|_;bu v1u;;mv7 ou b= <ot %-m| |o 0; |_; omt< om; %ob|_ |_-|
-0btb|< +ot 1-m ;-vbt< |o]]t; |_b;v 5°Đ| uu; bm rm7 @p
|_;bv1u%; t--mp o; ;tw •0€^ld&+^û77 D™PD™P)1Y8& 1& Đ€;m v_-unm] 1--| 0m77
1-m 0; -]u;-| |oot %o_;m <ot m;;7 b|7 0t| b| 1-m -tvo
0; -m orrou|tmb|< =ou lbv1_b;= %o_;m <ot 7om=|: \$o
-^ob7 tm%-m];7 -mmo|-žom7 ,ool -tto%v <ot -v |_
l;;žm] _ov| |o u;lo^; -tt r-už1br-m|v -0btb|< |o
-mmo|-|; 7tubm] - v1u;;m v_-u;: +ot 1-m 7bv-0t; |_bv
=ou |_; mžu; l;;žm]7 ou ftv| |;lrrou-ubt<:

mJl;žm] 1_-| -77v -mo|_;u 7bl;mvbo
&! \$+ \$ 1ott-0ou-žom |o <otu l;;žm]v7 1u;-žm]
tt;vžomv |o 0; -vh;7 -m7 C;t7;7 t-|;u7
vtrrt;l|m|-t u;vo+u1;v |o 0; rov|;7: t
1_-| 1-m 0;1ol; 7bv|u-1žm] ou tmruo7
1-v;v7 ,ool -tto%v <ot |o 7bv-0t; -m7
|_uot|_ot| <otu l;;žm]:

\$tum @ mmo|-žom

" &! \$+ \$ •

†|; -už1br-m|v

);=^; -tt 0;;m bm l;;žm]v %o_;u; vol;0o7
l†|;7 ou |_;bu lb1uor_om; rb1hv †r vol;
mqbv;|_ \$ v \$ v;uotr|v |_; l;;žm]: ,ool -
vot^; |_ \$ v \$ v;uotr|v |_; l;;žm]: ,ool -
r-už1br-m|v: ou -m -77;7 t-<;u o= v;1t
7bv-0t; r-už1br-m|v -0btb|< |o tml†|;
<ot=u; u;-7< |o l-h; |_; l;;žm] bm|;u-1ž
1-m vblrt< _b| |_; >&ml†|; tt? 0t,om ou
r-už1br-m|v |o tml†|; |_;lv;t^;v:

= <ot=u; - ov| |_-| m;;7v - _;trbm] _-m7 |o l-m-];
-tt <otu r-už1br-m|v7 <ot 1-m ruolo|; - |u†v|;7
l;;žm] -;m7;; |o oJ ov|7 -tto%bm] |_;l l-m< o=
|_; v-l; rub^bt;` ñ(%+ R° R² •=;\\€°ñ(l-'(; !EÀ pu ³Ò#p @ F(4°9\$b™ h|M3 3°IDV!

" &! \$+ \$ ••

!;lo^; -už1br-m|v

= <ot =otto%o |_; žrv vo =-u7 <ot v_o
<otuv;t= bm - l;;žm] %ob|_ -m tm%-m|
<ot 7o m;;7 |o u;lo^; -m -;m7;; =uol
l;;žm] -| -m< robm|7 ,ool l-h;v b|; -v<
tm%-m];7 r-už1br-m| ot| o= |_; l;;žm]
-tvo 1_oov; |o mo| -tto% r-už1br-m|v
|_;<=^; 0;;m u;lo^;7: